

[solidcore]

Mission Bay Citizens Advisory Committee

November 14th 2024

Our mission is to challenge you to seek your strongest self, through the world's most transformative workout.

Our never-ending mission in the world is to challenge our clients, our coaches, and our community, in order to help them seek their own strongest self. An ever-shifting goal post, we continuously work with you to find and push past that limit. We lay claim to being the most transformative workout, one that will change you and deliver results, not only physically, but mentally as well.

[solidcore] is targeted strength training on our custom-built reformer.

For those who defy complacency, our high-intensity, low-impact classes are personalized to deliver total body, total mind results-building the strength for your every life goal.

Location & Hours of Operation

1155 4th Street, San Francisco, CA

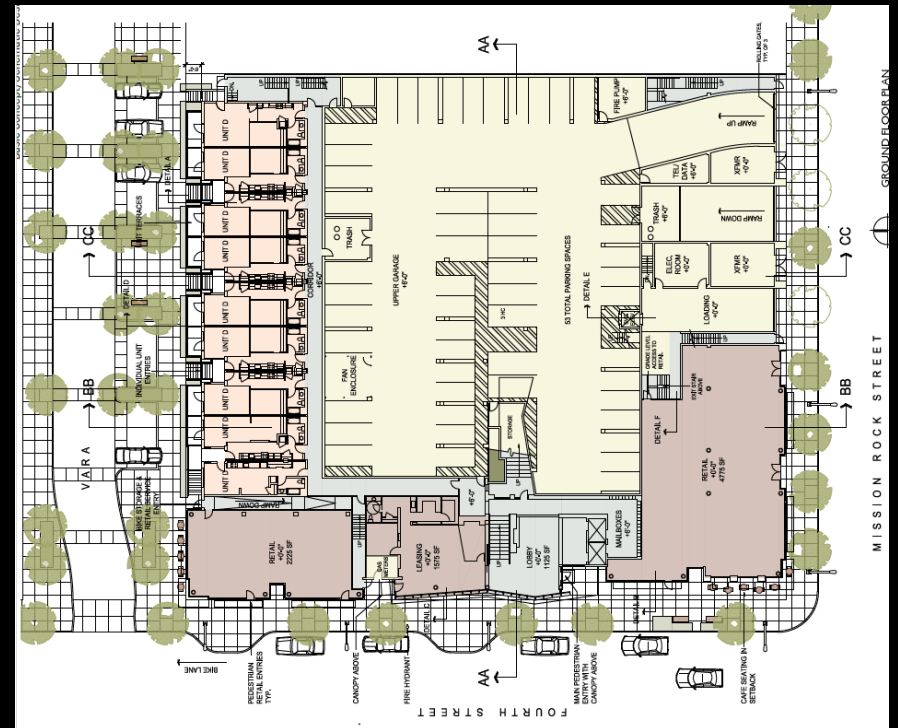
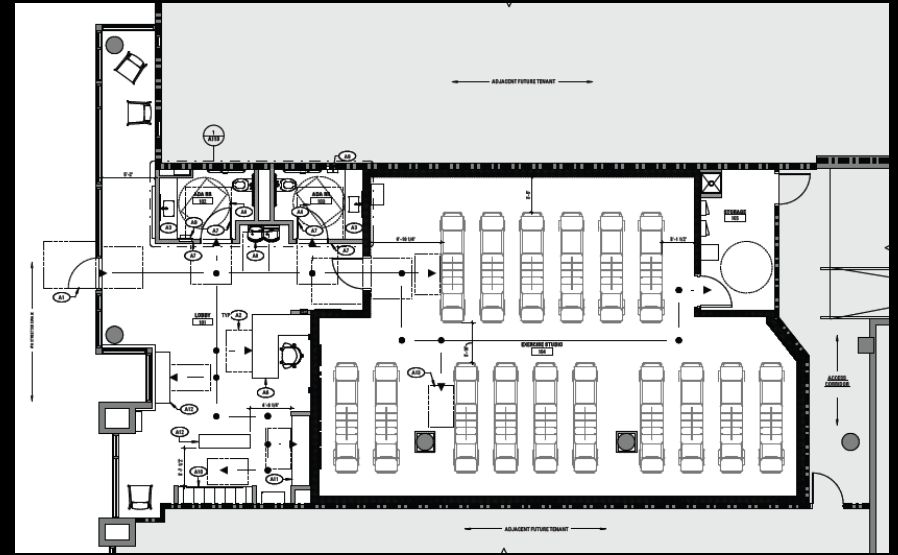
- ❑ Maximum 17 clients per class
- ❑ One to two employees staffed at all hours of operation

Monday through Friday - 5:00 AM – 10:00 PM

Saturday - 6:00 AM – 10:00 PM

Sunday - 6:00 AM – 8:00 PM

The Project will create 15 jobs in the Mission Bay South Area.



Proposed Use

Castro



Castro



Castro



Castro



[solidcore]



Thank you for your time.